

## SPIRITUAL

Masses Online

Livestreaming Masses in Camden Diocese

<https://www.camdendiocese.org/>

Livestreaming Masses from various Dioceses in US

<http://www.catholictv.org/masses/catholictv-mass>

Articles

“in a Time of Quarantine” by Thomas Reese

<https://www.ncronline.org/news/opinion/signs-times/spirituality-time-quarantine>

“With Masses Cancelled, How Can Catholics Practice their Faith at Home?”

<https://www.americamagazine.org/faith/2020/03/19/masses-cancelled-how-can-catholics-practice-their-faith-home>

Prayer and Scripture

The **Catholic Faith Network** proclaims the teachings of our Lord to the Catholic Community and beyond using media in all forms."

<https://www.catholicfaithnetwork.org/>

Lasting between ten and thirteen minutes, **Pray as You Go** combines music, scripture and some questions for reflection.

<https://pray-as-you-go.org/>

**Word on Fire** uses contemporary forms of media and innovative communication technologies to proclaim the gospel.

<https://www.wordonfire.org/>

## ACCURATE INFORMATION ON THE COVID-19 VIRUS IN NEW JERSEY

<https://covid19.nj.gov/>

## ENERGY BILLS

South Jersey Gas connects you to energy assistance options for residential customers

<https://southjerseygas.com/SJG/media/pdf/Assistance-FactSheet.pdf>

## MENTAL HEALTH

Online zoom groups and services for handling stress, self-help, depression, addiction, grief or loss, bipolar disorder, adult survivors of child abuse, wellness, and discussion groups

<http://www.mhaac.info/index.html>

## TAX INFORMATION

<https://www.state.nj.us/treasury/taxation/emailfaqs.shtml>

## UNITED STATES CENSUS INFORMATION

<https://2020census.gov/en/>